

Gorey Community School
CSPE Department – GCS Wellbeing

Revision, Reflection & Activity Tasks 2020
Junior Cycle Classes

Instructions:

- The following is a series of 6 tasks to be completed over the final 6 weeks of school term.
- The tasks are taken from all three strands of the CSPE course and will require you to use your skills & practice wellbeing.
- There is one task for every week.
- You can hold onto all 6 tasks and email them (or send on teams) to your teacher when they are all completed during the final week of school.
- You will receive your summer result based on your interaction with these tasks.
- They are not exams, they are simple tasks. They include watching Youtube videos, making posters, you might even get the chance to make a TikTok or video presentation along the way! Be creative and use them to take a break from the more difficult subjects.
- No task should take longer than 30-40 minutes. The same amount of time you would usually have in your weekly CSPE classes.
- Your tasks can be typed, presented, or simply drawn on paper and coloured. Whatever is easiest for you.

Stay safe & good luck

Task 1

Strand:

- 1- Human Rights & Responsibilities

Wellbeing:

- Being Aware
- Being Responsible

Skills:

- Being literate
- Communicating
- Managing info.
- Managing myself

Watch:

Watch the video on youtube (link below) and then complete the activity.

<https://www.youtube.com/watch?v=oh3BbLk5UIQ&list=PLsw3gy46glZRAcJE7ILyQuUr1e7O1Abc1>

Activity:

Design a poster outlining the basic human rights that all citizens are entitled to. (A4)

Task 2

Strand/Unit:

- Strand 1- Human Rights & Responsibilities
- Rights & Responsibilities within a community

Wellbeing:

- Being Aware
- Being Connected
- Being Responsible

Skills:

- Being literate
- Communicating
- Managing info.
- Managing myself

Watch:

Watch the video (link below) and then complete the activity.

<https://study.com/academy/lesson/rights-responsibilities-lesson-for-kids.html>

Example:

Seán runs a busy pub in the middle of town. There are a lot of housing estates nearby. Séan has the right to own and run his business in the town. He also has the responsibility to adhere to all laws and regulations relating to running a pub. He must adhere to the opening and closing times of pubs, not to sell alcohol to U18s and not to play loud music late at night.

Activity:

Write down any three other members of a community and list the rights and responsibilities that they have within that community.
(eg - Student, Garda, Shopkeeper, Teacher)

Task 3

Strand/Unit:

- Strand 2 - Global Citizenship
- Sustainability - My Ecological Footprint

Wellbeing:

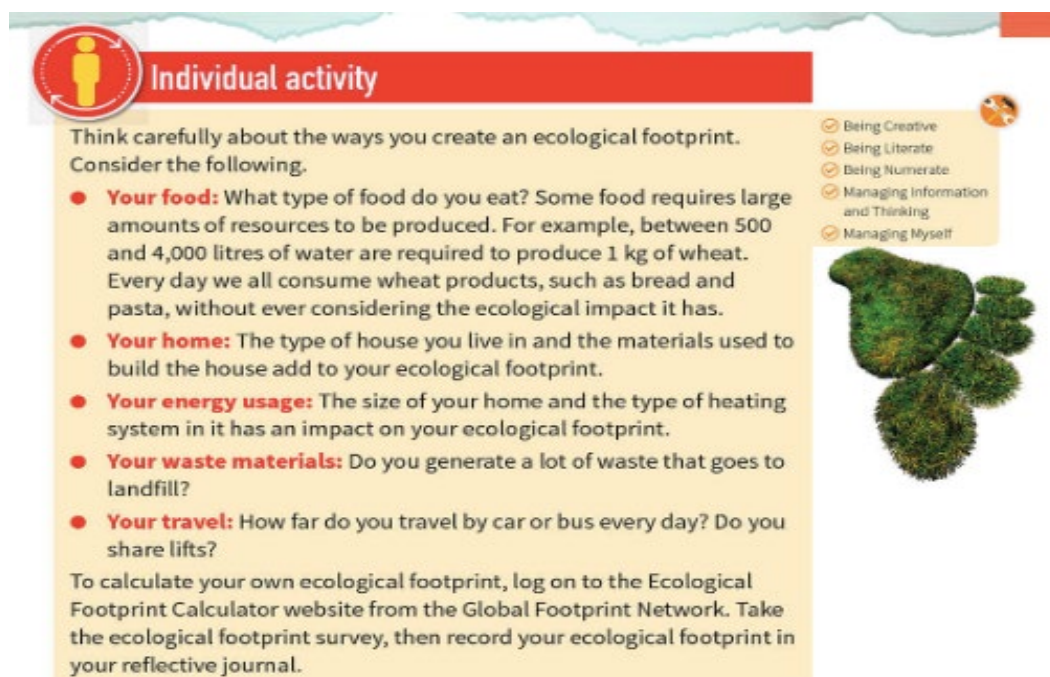
- Being Aware
- Being Connected
- Being Resilient

Skills:

- Being creative
- Being numerate
- Communicating
- Managing info. & thinking
- Working with others

Read:

Watch a look at the poster below and consider the ways you could create an ecological footprint.



The poster features a red header with a person icon and the text 'Individual activity'. Below this, it provides instructions on how to calculate an ecological footprint and lists five key areas for consideration: food, home, energy usage, waste materials, and travel. A checklist on the right side of the poster includes 'Being Creative', 'Being Literate', 'Being Numerate', 'Managing Information and Thinking', and 'Managing Myself'. An image of a footprint made of moss is also present.

Individual activity

Think carefully about the ways you create an ecological footprint. Consider the following.

- **Your food:** What type of food do you eat? Some food requires large amounts of resources to be produced. For example, between 500 and 4,000 litres of water are required to produce 1 kg of wheat. Every day we all consume wheat products, such as bread and pasta, without ever considering the ecological impact it has.
- **Your home:** The type of house you live in and the materials used to build the house add to your ecological footprint.
- **Your energy usage:** The size of your home and the type of heating system in it has an impact on your ecological footprint.
- **Your waste materials:** Do you generate a lot of waste that goes to landfill?
- **Your travel:** How far do you travel by car or bus every day? Do you share lifts?

To calculate your own ecological footprint, log on to the Ecological Footprint Calculator website from the Global Footprint Network. Take the ecological footprint survey, then record your ecological footprint in your reflective journal.

- ✓ Being Creative
- ✓ Being Literate
- ✓ Being Numerate
- ✓ Managing Information and Thinking
- ✓ Managing Myself

Activity:

- Write down ways you (your household) is already creating an ecological footprint. It may be a good idea to ask a parent/guardian for help. (i.e does anyone own an electric car? Do you recycle? Etc..)
- Write down ways you (your household) could improve your ecological footprint. Again, it may be a good idea to ask a parent/guardian for some ideas.

Task 4

Strand/Unit:

- 2 - Global Citizenship
- A Global Issue - Climate Change

Wellbeing:

- Being Aware
- Being Responsible
- Being Resilient
- Being Connected
- Being Active

Skills:

- Being literate
- Communicating
- Managing info. & thinking
- Managing myself
- Using technology

Watch:

Watch the video on youtube (link below) and then complete the activity.

<https://www.rte.ie/news/analysis-and-comment/2019/0315/1036549-climate-change-school-protests/>

Activity:

Using digital technology (poster, powerpoint, video, Tiktok) create a campaign to highlight the effects of climate change & encourage people to reduce climate change.

Be creative!

If digital technology is not available you can draw a poster or write a speech.

Task 5

Strand/Unit:

- 3 - Exploring Democracy
- The Law and the Citizen

Wellbeing:

- Being Aware
- Being Responsible

Skills:

- Being literate
- Being numerate
- Communicating
- Managing info. & thinking

Watch:

Watch the videos on youtube (link below) and then complete the activity.

<https://youtu.be/65nmeOBIRV4>

<https://youtu.be/hSG5sVBspkI>

Activity:

Consider and answer the following questions.

1. What is the/a law?
2. Briefly highlight 3 laws that apply to me.
3. Discuss three laws that I am glad exist in Ireland today.
Why?
4. Discuss one law that I would like to see changed & why.
5. Who enforced the law in Ireland? Write down 5 facts about them.

Task 6

Strand/Unit:

- 3 - Exploring Democracy
- The roll of the Media in Society

Wellbeing:

- Being Aware
- Being Responsible
- Being resilient
- Being Connected
- Being Respected

Skills:

- Being literate
- Being numerate
- Communicating
- Managing info. & thinking

Watch:

Watch the video on youtube (link below) and then complete the activity.

https://www.youtube.com/watch?time_continue=99&v=yrln8nyVBLU&feature=emb_logo

Activity:

The role of the media in Society has led to many positive and negative outcomes for us as citizens. Some terminology that we have become more familiar with over the past few years are below. Briefly describe what each term means.

- Social Media
- Fake news
- Clickbait
- Cyberbullying

Design & Create a poster for your school to promote being a good online citizen. Your poster should be clear and should remind teenagers how to be safe & careful online.

